

MIND TREE SCHOOL, Panjokhra, Ambala

12 Pages / Volume 3

October - December 2019

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HIGHLIGHT



'Parliament is more than a procedure. It is the custodian of the nation's freedom.'

A group of 50 students and teachers visited the Parliament House and the Rashtrapati Bhawan, New Delhi on 5th December, 2019.

The students began their trip by visiting the Rashtrapati Bhawan, a magnificient building designed by Sir Edward Lutyens. The next stop of



the trip was the Parliament House. The students got the golden opportunity of meeting and wishing Mr Om Birla, the Speaker of the Lok Sabha, on his birthday. The students also happened to meet the political dignitaries like Mr Ratan Lal Kataria, Minister of State for Jal Shakti, Mr Anil Vij (Cabinet Minister of Haryana), MP (Delhi), MP (Bishnupur, Kolkata), MP (Shimla) and Mr Aseem Goel (MLA of Ambala City). The students attended the live session of the Lok Sabha, and got the chance to hear leaders like Mr Raut (MP of Ratanagiri), Mr Yadav (MP of Bihar – JDU) and Mr Mahtab (MP of Cuttack – BJD). All of them strongly spoke about the worsening condition of the farmers and demanded incentives. This cherishable trip was made possible by the concerted effort and assistance of Mr Aseem Goel and Mr Ratan Lal Kataria. Mind Tree School is immensely grateful to them.

FORTHCOMING EVENTS

Sr. No.		Competition			Date	
1.		Story Writing (English)	IX		January 18	
2.		Typing Contest (Finals)	IV - V		January 21	
3.		Typing Contest (Finals)	VI		January 22	
4.		Hindi Poem Recitation (Prelims)	IV - VI		January 30	
5.		Story Writing (Hindi)	VII - VIII		February 01	
6.		Hindi Poem Recitation (Finals)	IV - V		February 06	
7.		Hindi Poem Recitation (Finals)	VI		February 07	
Sr. No.		ANNOUNCEMENT				
1.		Parent-Teacher Meeting	IV - X		March 21	

October 05, 2019: Workshop on 'Study Abroad Process' for Students:



Mind Tree believes in the capability and calibre of each student and wishes for them to find their passion, realize their dreams, and challenge their limits. Keeping this in mind, a workshop on 'Study Abroad Process' was organised at Mind Tree School, Ambala City. Mr Mandhar Wagholikar from the Bull's Eye, Pune, spoke to the students of Grades VI-X. It was greatly appreciated by the students and the staff.

"The session answered many queries and cleared the doubts we all had, like how to go abroad for studies. The financial matters and other such questions which bother all students were cleared."

Saumya Aggarwal - X A

"The workshop by Mr Mandhar was an eye opener for all those who aspire to study abroad and do something different in their lives."

Aditya Aggarwal - X B

October 09, 2019: Speech on 'Humidity':

Mahika Nagpal and Parth Sethi of Grade VIII A talked about humidity - the amount of moisture present in the air. They informed the assembly about two terms: relative and absolute humidity. It was very informative.



October 10, 2019: Speech on Cataract of the Eye:

Shreya Passi and Mayank Budhiraja of Grade V A gave elaborate information about the disease, its early warning signs – cloudy vision—which is one of the most obvious signs of early—stage cataract, its prevention and lastly, the cure. He notified that medical



treatment for cataract is well advanced. It includes monitoring and lifestyle changes, and ultimately, surgery to remove the diseased lens. Cataract is not curable, but it can be removed by surgery.

October 11, 2019: Diya Decoration Competition - Grade IV - VI:

Art in Mind Tree is as substantial as reading and writing skills. On the auspicious occasion of Diwali, a Diya Decoration Competition was organized for the students of Grades IV to VI who decorated and embellished their diyas magnificently. The winners are:

	1st	2nd	3rd
IV	Hunar Singh - C	Sarthak Aggarwal - D	Ishan Gupta - C
V	Yasha Bhardwaj - A	Adviti Bharti Gupta - D	Araisha Arora - D
VI	Kunsh Sobti - C	Arnav Aggarwal - A	Harkirat - D

October 11, 2019: Talk on 'Sanskrit Shloka':

A teacher carves a soul, and lays the cornerstone of expertise in the students' personality. Vinya of Grade VIII A chanted a shloka signifying the importance of a mentor in a student's life. She explained that a teacher moulds the student's life and helps her/him climb higher on the ladder of success. That is why a mentor's position is equivalent to the Almighty.



October 18, 2019: Talk on 'Useful Yoga Asanas':

Aahna Jain of Grade X B displayed her expertise in the field of yoga. She made her yoga teacher proud by performing the Surya Namaskar Aasan perfectly. With growing health problems in the people, she guided the audience about the various benefits of performing yoga asanas and how it can help prevent diseases.



October 18, 2019: Talk on 'Why We Can't Launch Garbage into Space':

Although launching garbage into space seems like an easy way out, Namit Adlakha and Pratham Kapoor of Grade VIII B informed the students that there are two major problems in doing so: humans produce an enormous amount of



garbage; and rocket launches are extremely expensive. The best solution they advised was to reuse, recycle and reduce the waste that we produce on a daily basis.

October 22, 2019: Story Narration (Hindi):

Since time immemorial, honesty has been considered to be the best policy. Indian ideology believes that following the path of truthfulness always brings success, and is considered to be the right path. Muskan Kochar and Tanmay Malhotra, the duo of Grade VI C narrated a story to enlighten



everyone with yet another incident where truth is always victorious.

October 22, 2019: Heritage Quiz - Grade VII - VIII:

"A person without the knowledge of his past, origin and culture is like a tree without roots."

Culture and heritage of a nation add essence to its history. Heritage embellishes a nation only if it is in synchronisation with the growth of the mentality of its people. Mind Tree understands the value of Social Science, and thus a Heritage Quiz was organized for the budding historians of Grades VII and VIII. The quiz comprised of different Houses competing against each other dealing with the different components of Social Science including Geography, Civics and of course, History. From Grade VII, the victorious house was Agni. The winners are:

	1st (Agni House)	2nd (Prithvi House)	
VII	Sania Arora - A Kamneev I S Cheema - B Lavanya Malik - C Ruhan Jain - D	Daksh Sood - A Vansh Gupta - B Keshav Mittal - C Tanav Gupta - D	
	1st (Agni House)	2nd Jal House)	
VIII	Aishika Gosain - B Jyotsana Mahajan - D Hemaar Mehta - A Parth Sharma - C	Tara Aggarwal - C Abhitej Singh - B Vrinda Gambhir - A Amritbir Singh - D	

October 23, 2019: English Declamation Competition - Grade IV - VI:

In today's competitive world, proper speech and public speaking skills have become essential tools for meeting the challenges in the various fields. To ensure proper diction and speech, English Declamation Competition was organised. The winners are:

		1st	2nd	3rd
ı	V	Hunar Singh - C Lakshita - C	Samreet Kaur - D	Aastik - B Dhruvi Tangri - B
,	V	Riddhaan - B Akshada - B	Akarshi Bansal - B Shreyans - D	Jasnum - D Rishika - B
١	۷I	Ananya Arora - B	Jahanvi Nayyar - B	Anhad K Antal - A

October 31, 2019: Essay Writing Competition (Hindi) - Grade VII - IX:

When you write an essay, you learn to express yourself in a logical way, develop your writing skills, your vocabulary and your own writing style. A Hindi Essay Writing Competition was organised. The students were given a common topic, 'Sardar Vallabhbhai Patel' and they vividly expressed their perspectives and opinion. They described the valiant man in an elaborate manner. The winners are:

		1st	2nd	3rd
	VII	Parth Walia - B	Shivansh Munjal - A	Angad Singh Walia - D
	VIII	Shivansh Gupta - A	Mannat Preet Kaur - B	Vrinda Gambhir - A
	IX	Radhika Goel - B	Yashika Goel - B	Urvi - B Reet Mahajan - C

October 23, 2019: Special Assembly on Diwali Celebration:

The much awaited religious festival is celebrated all over India with great zeal and zest. Mind Tree School happily took part in the celebrations which had started a week before the festival. Students decorated their classrooms, made cards and wished their teachers and each other. During the assembly celebration, their joy crossed all boundaries of zeal. All the cultural departments put forth their best foot forward and presented dances, skits, speeches and poems. This fervour was infectious and could be felt throughout the school.





















Dr Prabhakar Kolte, the Renowned Abstract Artist

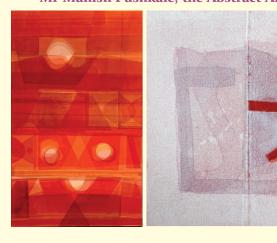


Mr Achuthan Kudallur, the Renowned Abstract Artist

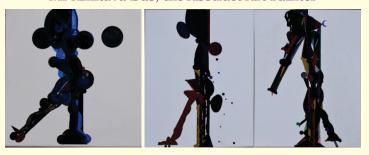
Mr R B Bhaskaran, the Renowned Abstract Artist



Mr Manish Pushkale, the Abstract Art Painter



Mr Amitava Das, the Abstract Art Painter



Akhilesh Kumar, the Renowned Abstract Artist



"Painting is self-discovery. Every good artist paints what he is."

To inculcate a culture and love for art, Mind Tree School has made it a point to bring water to the horse. It invites renowned artists from all over India directly to the school. Students get to see the artists at work and they also talk to them and interview them. This first hand interaction ensures that the students are exposed to the culture of painting and painters. It also reveals that a new kind of career option is available to them. The artists who graced the school with their presence were Dr Prabhakar Kolte, Mr Akhilesh Kumar, Mr Manish Pushkale, Mr Amitava Das, Mr Achuthan Kudallur, Mr R B Bhaskaran and in-house artist Mr Mohan Shingane. The school and the students are enriched by this workshop.

November 01 - 04, 2019: Trip 'Delhi ki Khoj':







Young explorers from 'Delhi Ki Khoj' group along with their teachers and Mrs Shagufta Siddhi, the resource person, were back in action for three days. They visited the Rashtrapati Bhawan, India Gate and learnt about the layout of the streets; and studied Lutyens' Delhi, the area named after Sir Edward Lutyens.

Then they visited Chandni Chowk and studied the architecture of The Red Fort. Later, they fortified themselves for the next leg of the adventure by having their fill at the Parantha Wala Gali and Daulat Ki Chat. Mindtreeans visited Hauz Khas, Humayun's Tomb and Mosque at Mehrauli under the guidance of their resource person and learnt about coins, paintings, sculptures etc of the Mughal Era.

"I had seen most of these places with my parents, but I had never realised what a wealth of learning and knowledge lay in these stones, buildings and roads. For the first time I saw Delhi with new eyes."

Kaarajjot Singh - VII D

"Travelling and visiting historical places gives a new perspective to the study of history. Students really learn a lot and enjoy attending such tours. This is indeed a great way to study."

Ms Anuradha Saini - Faculty

November 05, 2019: Talk on 'Mahakavi Surdas':

Hindi poet Surdas was a saint first and a poet later. He was known for his lyrics written in praise of Krishna. His most popular 'lekh' is called 'Sur Sagar'. He is believed to have been a great writer since birth. Anhad Kaur Antal and Sanchika Gupta of Grade VI A delivered a wonderful and interesting talk which gave an insight into Surdas' life.



November 06, 2019: Talk on 'Kailash Satyarthi':

"There is no greater violence than to deny the dreams of our children." Naivedya Jain of Grade VIII C talked about the struggles of Kailash Satyarthi, an Indian social reformer, who campaigned against child labour in India and elsewhere. He advocates the universal right to education. He was awarded the Nobel Peace Prize jointly with Malala Yousafzai in 2014. Naivedya



shared with us several instances from Kailash Satyarthi's life who believes that Education is the only weapon to change the world.

November 08, 2019: Talk on 'Sahas Se Jeena Sikho':

Annanya Khattar of Grade IX C gave an awe-aspiring speech on the importance of courage in leading a successful life. She quoted Maharishi Valmiki's words that the ones who are able to quit fear, are the ones who decide their own destinies. Destinies can be changed with intense hard work and a never dying attitude to give one's best.



November 11, 2019: Special Assembly on Guru Purab:

Guru Nanak Dev Ji's 550th Prakash Purab was celebrated with reverence and devotion at Mind Tree School, Panjokhra. The celebrations began with a speech by Tanmol and Gurmyeisha of Grade XAon Guru Nanak Dev Ji's principles and teachings.







This was followed by a talk by Ms Tarunjeet Kaur focussing on the inspiring stories from Guruji's life. Thereafter, Ms Shivani recited a poem as a tribute to Guru Nanak Dev Ji. The celebration culminated with 'shabad' and religious song by Ms Mandeep and her students Armeet, Jasleen, Jasman and Ikjot.

November 13, 2019: Talk on 'Healthy Diet':

Healthy living corresponds to a healthy way of eating and following a nutrient rich diet.

Navdeep Kaur and Ekas Preet Singh of Grade IV A informed the students that we all must include all



sorts of fruits, vegetables and pulses in our diet. They also clarified a common misconception on why noodles are considered as junk food though they contain a lot of vegetables. The duo then informed that the main component used to make noodles is refined flour. It, indeed, was an eye-opener for the audience.

November 14, 2019: Drawing and Painting Competition by CBSE-Grade VII-X:

Art enables us to find ourselves and lose ourselves at the same time. Art is the language which can be conveyed without words and flows through the veins of all humans. A Drawing and Painting Competition was organised by CBSE on the topic 'Fit Mind, Fit Body, Fit Environment'. Young MindTree artists participated in the competition and brought laurels to the school with their artistic brilliance and unique paintings.

1st	2nd	3rd
Akshara Gupta - VII B	Ruhani - X B	Shreya Parmar - VIII C

November 16, 2019: Budding Scientists Quiz Competition - Grade IX - X:

'Science is the poetry of reality'. A world without science is a flashback to the past where not everything was possible unlike our contemporary lives. A Budding Scientists Quiz was organised for the same purpose. The winners are:

		1st (Aakash House)	2nd (Agni House)
	IX	Rupanshi Goel - A Seerat Kaur - B Manit Chhabra - C	Urvi Gawri - B Annanya Khattar - C Anshika Madan - A
		1st (Aakash House)	2nd Jal House)
	x	Shreya Sharma - A Aahna Jain - B Aryan Singla - C	Jagjot Singh - A Garv Singh Rathore - B Aarav Mithrani - C

November 14, 2019: Special Assembly on 'Children's Day Celebrations':













Children are the centre of our lives. They teach us the fact that we need to live life to the fullest. In order to make our scions feel special, the day was celebrated with a lot of enthusiasm. It started with a poem by Soneera Tewari of Grade VII, followed by the Western Dance performance by Grade IV and Grade VI. The show culminated with a cultural dance performance by Grade IV students. It was truly a colourful performance that pepped up our young audience.

November 19, 2019: Talk on 'Mangal Panday':

Suhani Sethi and Sarthak Katyal of Grade VII A gave a truly inspirational and patriotic speech on Mangal Pandey. Elaborating on his life and the heroic deeds he committed in the past, the students left the audience in awe of the great Indian soldier whose contribution to our independence is valued till date.



November 19, 2019: Talk on 'British English Vs American English':

Pankhuri Kulsreshtha and Jahanvi Nayyar, the duo from Grade VI B, gave an insight into the wide difference between the usage and the pronunciation of the two. In their own simple style and unaffected manner both the students tried their level best to make this difficult and controversial topic clear.



November 21, 2019: Prism: Episode 05 - Mindtreeans on the **Eco-Awareness Spree:**



In an endeavour to spread awareness about environment, cleanliness and hygiene, our young actors from Grade IV, under the guidance of Ms Shivani Kharbanda, performed a street play on 'Clean India' at the Herbal Park, Ambala City on 21 November, 2019. This is, indeed, a unique way of not only awakening the society but also ensuring that we move towards a better tomorrow.

November 29, 2019: Gazing the Star - Studded Firmament:



Over 300 students of Grades IV to X explored the realms of celestial knowledge on the Star Gazing Night. They observed the International Space Station and participated in a quizzing match. They watched a documentary based on Sunita Williams. Mr Sarang, the programme coordinator, told them about the website called Stellarium which is a free open source planetarium for the computer. He also shared tips with the students as to how they can find out more about constellations, eclipses, planets and also satellites.

"My love for science and my curiosity for the unknown have led to my interest in space and stars, and this was a truly fascinating experience for me. I am thankful to Mind Tree School for such an opportunity."

Karmanya Dev Takyar - VII B

"The brilliant night sky was dazzling. I learnt to look at the stars in a way I never knew before. We had loads of fun besides obtaining a truck-load of information."

Addit Khera - VII B













































The Annual Function of Mind Tree School, Panjokhra was held on 29 November 2019. The play "Crossroads" centered on the theme of treating the differently-abled with equality and giving them their due in the society. Mr Akshdeep Mahajan, Additional District and Sessions Judge, Mewat, Haryana presided over as the Guest of Honour.

This play is a wake-up call, for it teaches us the importance of being empathetic towards the people with special needs. We sincerely hope that these efforts will reap result and we will witness the dawn of a much needed metamorphosis.

"The play was a big learning experience not only in the field of acting but it was also a lesson in bonding and cooperation. Everyone enjoyed it."

Prisha Anand - VIII C

December 07, 2019: Milan Programme:



'Milan', a unique partnership between schools, is conducted at Secondary and Elementary levels and has been organised by Haryana School Shiksha Pariyojna Parishad. This



programme has been designed to link the schools in rural and urban areas to enable interaction amongst the students for providing them a platform to share their experiences.

On 7th December 2019, the students of Mind Tree School, Panjokhra also became a part of this unique interaction when students of Government Middle School, Tundli came to our premises. The students not only interacted with each other but also enjoyed the Adventure Camp together!

December 07-08, 2019: Adventure Camp:



Like last year, on popular demand, the adventure camp was organised in the spacious lawns of Mind Tree School. 590 sports enthusiasts from Grade IV to VIII participated in varied adventure activities. Rocksport, supposedly Asia's Largest Adventure Programme organised these activities in the school itself. Some of the activities which the students participated in were Zorbing, Rope Climbing, Zipline, Burma Bridge, Body Zorb etc. Students were greatly excited and exhilarated by the wonderful experience.









ACHIEVEMENTS

Haryana School State Gymnastics Championship:

Haryana School State Gymnastics Championship was held at Gurugram from 19th September to 21st September, 2019. Jagjot Singh Sidhu of Grade VIII C grabbed the Third Position in the Under 14 category. Our Gymnasts not only gain the awards of winning competitions, but also reap benefits of physical and mental health.



CBSE North Zone – II Shooting Championship:

Shooting is a competitive sporting activity involving proficiency in accuracy, precision and speed. CBSE Shooting Championship was held at Panchkula from 26th September to 4th October, 2019. Rishabh Dwivedi of Grade IX C made us proud by winning a Bronze Medal, in the Under 19 category. It's a beginning, many more to come.



CBSE North Zone – II Judo Championship:

Judo is a very efficient means of self-preservation that requires skill and wit. Judo promotes self-confidence, leadership and dignity. CBSE Judo Championship was held at Sonipat from 29th September to 2nd October, 2019. Harshdeep of Grade IV B won Bronze Medal in the Under 11 category. Well Done!



Haryana School State Chess Championship at Bhiwani:



Akxit Sharma - IV B





Abeer - IV C

Lakshay Kumar - IV D

Chess players employ strategy and tactics to bring their plan of action into fruition. Our chess players displayed their calibre at Haryana School Chess Championship held at Bhiwani from 9th October to 11th October, 2019. Abeer of Grade IV C, Lakshay Kumar of Grade IV D and Akxit Sharma of Grade IV B grabbed the third position in the Under 11 Boys Category. Well performed, Kiddos!

8th Haryana State Yog Sport Championship:



Adviti Bharti Gupta Grade V-D Gold Medal



Shreyans Arora Grade V-D Gold Medal



Kriti Grade V-C Bronze Medal

"Winners are not people who never fail, but people who never quit."

We feel extremely honoured to share the latest triumph of Mindtreeans at the 8th State Haryana Yog Sport Championship 2019-20, affiliated to India Yoga Federation. It was held at Sarvodya Public School, Sikri, Karnal on 12th and 13th October, 2019. Our students participated in Under 11 categories for boys and girls respectively. They awed everyone by their fine yoga postures and won laurels along with the 'Overall Champions Trophy'. These students are selected for Nationals to be held shortly. Our heartiest congratulations to the victorious team for its applaudable efforts and accomplishments!!!

Winning hearts with 'words of wisdom':





Reet Mahajan, Grade IX C, wrote about the fanciful transformation of a town just before a leader's visit. Her write up published in 'The Hindu' was an eye opener. Her efforts to reach an extra mile clearly show her flair for writing. Keep writing! You are an inspiration for many.

Khel Maha Kumbh:

Open Category Judo Championship was organised at Rajiv Gandhi Stadium Ambala City from 31st October to 02 November, 2019. Given below are the winners:



Sarisha Gupta (VIII - A) Weight Category – 48 KG



Arshie Datta (VIII - C) Weight Category – 57 KG



Mannat Saini (VII - B) Weight Category – 63 KG



Manya Bansal (VI - A) Weight Category – 48 KG



Vanisha Jain (VIII - A)
Weight Category – 52 KG
2nd Position



Yahnvi Tandon (VIII - C)
Weight Category – 70 KG
2nd Position



Weight Category – 48 KG 3rd Position



Weight Category – 52 KG 3rd Position

Springfield Skating Carnival:



Himpreet Singh V-A 2 Gold Medals Age Group 10-12



Shalyan Sharma VI-B 1 Gold Medal 1 Silver Medal Age Group 10-12



Harman Sahni VI-D 2 Silver Medals Age Group 10-12



Yashika Nagpal VII-A 2 Gold Medals Age Group 12-14

Young skaters brought glory to Mind Tree with their magnificent performance in Springfield Skating Carnival 2019-20 held at Springfield School, Ambala. They left everyone stunned with their coordination, balance and agility. They exhibited fine skills in categories of 10-12 years and 12-14 years in 300m and 500m quad and inline events.

Overall Roller Skating Champions Trophy:



Sameeha Garq 2 Gold Medals



Himpreet Singh 2 Gold Medals



VII-A





Yashika Nagpal 2 Gold Medals



Sarthak Aggarwal Arnav Aggarwal

Institute (KNLPI), Ambala Cantt.

VI-A

Gold Medal

IV-D

Gold Medal

Krrish Sharma VIII-D **Gold Medal**



Mindtreeans have proven it once again that they are dedicated learners who not only excel in academics but also make a mark in any field they choose. Our young, skilful Martial Art players bagged twelve medals in the 3rd Ambala District Shastrang Championship 2019-20 organized by Shastrang, Ambala, affiliated to Shastrang, Haryana. It was held at Krishna Neuro Linguistic Programming

Krrish Sharma

VIII-D

Gold Medal

Arnav Aggarwal **Gold Medal**



Aarav Saini

IV-D

Silver Medal

Sarthak Aggarwal IV-D **Gold Medal**



Varnika Sharma X-A 2 Gold Medals



Manan Gard X-A 2 Gold Medals



VI-D 2 Silver Medals



Shalvan Sharma VI-B 2 Bronze Medals

Mind Tree School won the overall Roller Skating Champions Trophy at the 19th Sh Sushil Kumar Memorial Championship (2019-20) organised by the District Roller Skating Association, Ambala.

These young skaters now represent our school at the State Level Championship. We are sure that with their dedication and perseverance, they will emerge victorious.

Ananya's Endeavour to Spread Eco-Awareness:

Ananya Arora's of Grade VI B efforts to spread awareness about a greener Diwali reaped result, as her article was published in 'The Hindu' on November 08, 2019. She laid before the reader the facts which were strong enough to constrain us to go-green as she stated on how the air quality has been constantly deteriorating. With





such benign future citizens, our earth for sure is in safe hands!

3rd Ambala District Shastrang Championship 2019-20:

"Strong character should be combined with flexibility of mind and body".

Shastrang means 'A body becomes weapon'. Shastrang i.e. Martial Arts has specific drills to develop one's speed, flexibility, timing, punching power and concentration.

"The future belongs to the competent . Get good , get better, be the best!"

The endeavour of our young Shastrang players is constantly on, in order to outstretch their stamina, be more skilful and get prepared to wipe the floor with their strong punches and sharp kicks.

Our students took part in the 16th Haryana State Shastrang Championship 2019-20 held at Shastrang, SCO-411, Sector -20, Panchkula. The event was organized by Shastrang Indian Modern Martial Art. They participated in Under 10 and Under 17 categories and stood triumphant by winning eight Gold Medals and a Silver medal. "Great champions have an enormous sense of pride. The people who excel are those who are driven to show the world and just prove to themselves how good they are."

And we have no doubt about that. We are proud of you all for your efforts and achievements.

May you be fortunate enough to make successful attempts in all the competitions to come!

Inter-school Chess Championship:



Lakshay Kumar First Position (Under 11)



Vinayak Sharda IV C Second Position (Under 11)



Tanvi Gupta VII A First Position (Under 13)



Kushaldeep Kaur Second Position (Under 13)



Kunal Saini Second Position (Under 13)

" Move in Silence only, Speak when it's time to say Checkmate."

Inter-school Chess Championship was organised by Ambala Chess Academy at Mind Tree School, Sector 1, Ambala City. We congratulate the winners and wish them to achieve more and follow their dreams as every chess master was once a beginner.

Good Luck!!!

33rd Haryana State Roller Skating Championship:

Himpreet Singh of Grade V A got Silver Medal in One Lap Race, Silver Medal in One Thousand Mtr Race and Bronze Medal in Road Race. He is also selected for 57th National Roller Skating Championship held from 15th to 23rd December, 2019 at Visakhapatnam (Andhra Pradesh).



Sixth District Archery Championship:

6th Ambala District Archery Championship was organised at Chappra near, Ismailabad on 7th December, 2019 wherein our student Jasmeet Singh bagged the first position and brought laurels to the school. Three cheers, Jasmeet!!!



Haryana State Sub Junior Gymnastics Championship:

Haryana State Sub Junior Gymnastics Championship was held at War Heroes Memorial Stadium, Ambala from 7th December to 8th December, 2019. Our student Jagjot Singh Sidhu of Grade VIII C participated in the same and secured the second position in the team championship. Kudos, Champ!



EDUCATORS' CORNER

October 03-04, 2019: Capacity Building Programme for Teachers on Integrity and Ethics by CBSE:



CBSE recently organised a two-day workshop on 'Integrity and Ethics' in Ambala Cantt for the Principals and teachers of the region. The eminent resource persons, Mr Dharender Singh and Ms Lalita serving as active Principals, discussed various ways by which teachers can infuse integrity in the classroom culture and help students believe in themselves so that living with integrity becomes a way of their life. Ms Aparna Nanda and Ms Sheetal Bibra attended the workshop.

"It was an interesting and interactive workshop where we learnt to inculcate cultural and aesthetic values in the routine teaching learning process."

Ms Sheetal Bibra - Faculty

October 05, 2019: Workshop and 'Q'n 'A' Session for Parents:



Two roads diverged in the wood, and I took the one less travelled by, And that has made all the difference.- Robert Frost

Mind Tree understands the various worries of parenthood, and is here to support the parents along the journey with its ardent endeavours to ensure the students' bright future. With this aim, a workshop on 'Study Abroad Process' was organised at Mind Tree School, Junior Wing, on 5th October under the aegis of Mr Mandhar Wagholikar from the Bull's Eye, Pune. It was a pleasure seeing overwhelming response of the parents who were enlightened about the various avenues open to the students to study abroad.

"I am immensely thankful to Mind Tree team for organizing such an informative and productive workshop which was a great help for me as Mr Mandar vividly explained the copious avenues open abroad to my daughter. I am completely motivated to start building up a profile for my child as early as possible."

Ms NamitaTewari - Parent

October 12, 2019: Capacity Building Programme on Life Skills by CBSE:

Ms Namita Tiwari and Ms Puja Uppal attended the CBSE workshop which was organised in Ambala. The workshop highlighted the importance of life skills and stressed upon these being instilled in the students from school time only. Without life skills all learning comes to naught.

November 02, 2019: CBSE Workshop on 'Stress Management':

On 2 nd November, 2019 CBSE conducted a workshop on 'Stress Management' in Ambala. Two of our faculty members, Ms Neeta Batra and



Ms Neetu Nanda attended the workshop. The facilitator, Ms Anupama Sharma, talked about stress, myths about stress, short-term and long-term responses to stress, and guided about stress-relieving strategies. Stress free teaching and learning will surely be more effective.'

"It was, indeed, a life-changing experience. We realised that stress is not always bad, it's good also because it motivates us for our betterment. So always play a positive role and be open to learning."

Ms Neeta Batra - Faculty

November 23, 2019: CBSE Workshop on 'Life Skills':



Ms Shikha Manrai and Ms Bhanu Priya Khatkar attended a workshop on 'Life Skills' conducted by Ms Gurvinder Sohi on 23rd Nov, 2019. The objective of this workshop was to familiarise students with basic aspects of life skills and their conceptual treatment, theoretical perspective and practical strategies of life skills education. The various activities to be organised in the class were discussed to provide application of life skills to the present day complicated contemporary living system.